

Know your rights with the free Legal topics for seniors diary

Seniors looking for tips on how to plan for retirement, manage cost of living pressures, make a will or avoid scams can learn all that and more from Legal Aid NSW's free 2025 Legal topics for seniors diary.

The diary also includes important information on how to navigate challenging legal situations for seniors, including neighbour disputes, and knowing their rights when buying goods and services.

The Legal topics for seniors diary is one of the most important resources produced by Legal Aid NSW, helping seniors to understand and defend their rights.

This year, the diary includes artwork by award-winning Aboriginal artist Jasmine Sarin, symbolising the importance of Elders and the knowledge and stories they hold around Indigenous culture and family history.

Pick up a copy of the free diary from your local Legal Aid NSW office, state MP or public library. Or order online via the Legal Aid NSW website's [Publications and resources](#) page from 2 December, 2024.

Legal Aid NSW CEO Monique Hitter said:

"The Legal topics for seniors diary has useful cost of living tips as well as information about mortgage stress, tenants' rights, and how to identify scams and protect yourself from them.

"We're proud to provide this wonderful diary to our seniors each year and always get fantastic feedback about how beneficial it is."

Incoming President, Law Society of NSW Ms Jennifer Ball:

"There's always something new to learn and this diary offers just that.

"Seniors will find the expansive range of topics covered in this diary extraordinarily useful. It will enable them to further understand their rights and responsibilities in our legal system."

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